

# Special Deliveries

Treat yourself (or a mom-to-be) to gifts that pamper body and soul



#### TWO CONVENIENT

A sling frees up your hands and promotes bonding with baby. SlingBaby, \$39-\$49, (877) 803-2109 or slingbaby.com.

#### BUNDLE OF JOY

Coddle yourself with luxurious, natural body products. Carol's Daughter Mommy-to-Be Basics Basket, \$28.95, (877) 540-2101.



#### SOUL FOOD

Give her a gift that keeps on giving: fresh fruit delivered to her door. Delightful Deliveries, \$180 for a six-month plan, (800) 708-0024 or delightfuldeliveries.com.

#### SPA LADY

Unwind with a personal foot massager. SharperImage Waterfall Foot Spa, about \$90, (800) 344-4444 or sharperimage.com.



THE BEST COMPANIES FOR BLACK WOMEN  
MAKING PEACE WITH YOUR MOM

# ESSENCE

ANNIVERSARY ISSUE