

July 18, 2006

quick & simple

A NEW WEEKLY FROM
Good Housekeeping

NEW!
\$1.49

Miracle Fat Fighter

Ann weighs less than she did in high school!



Get Happy Today!

LEARN THE **HIDDEN CODE** THAT UNLOCKS JOY

CHEAP CLEANING TRICKS

Fast No-Cook Suppers

HOT HAIR HOW-TO'S

\$11,793

IN COUPONS & PRIZES!

Find the Gold in Your Garage

Are You Healthier Than You Think?

Beat the Afternoon Slump!

12 WAYS TO GET MORE CASH

22 CLEVER TIME SAVING TIPS



Look Slimmer Instantly!

Pull on Tummy Tuck Jeans by NYDJ to pull off a thinner silhouette. The unique crisscross cotton panel comfortably flattens your belly. Made of 4 percent Lycra (jeans typically have 2 percent), the fabric contours hips and lifts buttocks. A feel-good bonus: Tummy Tuck Jeans are sized one number smaller. \$88, tummytuckjeans.com

>q&s tip

Wrinkled or creased clothes got you down? Hair-dryer set on high an substitute for an iron in a pinch!

